

## **Isoniazid (INH)**

- Take INH at night before bedtime *(1 hr before or 2 hours after eating)*.
- If the medication upsets your stomach, you may take it with a snack.
- If you have diabetes, your blood sugars may change.
- **Do not**  
consume alcohol while taking INH;  
use Tylenol (acetaminophen) or any medications containing this drug while you are on INH.
- **Avoid**  
taking aluminum-based antacids (Maalox or Mylanta, for example).
- **Tell** your TB nurse if:  
you become pregnant while taking INH, **and talk to your doctor;**  
you have: loss of appetite, diarrhea, nausea, vomiting, fatigue, stomach pain, light-colored stools, brown urine, yellow-tinted skin or eyes;  
you develop a rash; or,  
you notice a hot or clammy feeling, bad headache or palpitations  
(especially within several hours after eating).  
**STOP TAKING THE INH UNTIL YOU HAVE SPOKEN WITH YOUR NURSE**

If you have any problems or questions,  
call: \_\_\_\_\_